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November Event Update:

Yu Linda Song Fun afternoon visiting Frank Lin's Green Lotus Farm. So much to see. Every inch used to grow fruits and veggies. We also left with some goodies. There are seminars hosted by Frank and his wife that include lunch.

<https://www.greenlotusfarm.com/seminars-schedule>

November Monthly Meeting: Yu Linda Song

We had 23 attendees. It was a lovely time meeting and welcoming new members. Deborah Warriner gave us a brief introduction of Ikebana and tools used.

Here is her website if you would like to learn more or take any of her workshops. She also has more demos posted there.

<https://ichiyo-ikebana-warriner.mystrikingly.com>

No Monthly Meeting in December as the club is officially closed for the holidays. Community Service Project Shital Parikh will lead on 12/14 at 2pm.



December of Discovery and Positive Change: Save the Dates

Club is officially closed in December, but we offer meaningful workshops and projects so members can participate and learn a skill while making a difference.

Habitat Restoration Pollinator Project Del Mar Mesa



12/3/23 Sunday
9:00 am - Noon

PHASE 2



Volunteer to make a lasting impact

Join Friends of Del Mar Mesa and the City of San Diego Park Rangers in the inaugural habitat restoration pollinator project that aims to revitalize local ecosystem by creating native pollinator-friendly habitats. The 2nd phase will involve planting pollinator plants by the picnic area and weed removal.

Site Location: Off Carmel Mountain Road, east of the Gallop Crest Court entrance to Alta Del Mar.

Please come prepared with closed-toe shoes, a hat, water, a shovel, & gloves. Participants will be eligible for community service hours.

Contact: info@friendsdmm.org



Parking

Timberbrook lane to Gablewood Way. Walk 0.3 mile to site



Dec 3: Habitat Restoration in DMM: Native Pollinator Project FODMM; Planting native pollinator Garden on Sunday Dec 3, from 9:00 am - noon. Location: Carmel Mt. Road & Gallop Crest Questions: Email: info@friendsdmm.org

Dec 14: Holiday Swag Workshop:
SIGN UP Thursday, December 14 from 2:00 - 3:00 pm @ 7777 Belden Street, San Diego Clairemont Mesa neighborhood

Discover the art of crafting vibrant holiday swags using locally sourced pines, cyprus, and festive greens! Join us for a hands-on workshop where you'll create your own unique swag while assisting an elder in making theirs. We provide fresh greens, wires, ribbons, and pine cones. You're welcome to bring your own ribbons to personalize your creation. Unleash your creativity and spread



the joy of the season! [SIGN UP](#)

Welcome New Member Time fo Membership Renewal For 2024



[Renew now](#)

Secure your membership today at the special rate of \$25 until December 31st, 2023. From January 1st, 2024, membership will be raised to \$30!



November Garden To-Do List

Time to Plant Natives: Some native plants that should be planted now are Mimulus hybridus (monkeyflower bush), Ceanothus (California lilac), Lavatera assurgentiflora (California tree mallow), Salvia clevelandii (Cleveland sage) and Rhus integrifolia (Lemonade berry). For specific information consult [Calscape](#) where you can find native plants that grow well in your zip code.

Other low water use plants from different parts of the world also benefit from November planting. [WUCOLS](#) has a plant database that can be searched by city, water use, and type of plant.

There's still time for fall planting of shrubs, trees, and perennials before the winter rains arrive (we hope!) Winter rains will help the new plantings to establish good root systems.

Bulbs: Bulbs to plant this month are ranunculus, hyacinths, anemones, Dutch irises, and daffodils. Wait to plant tulip bulbs until you have refrigerated them for four to six weeks.

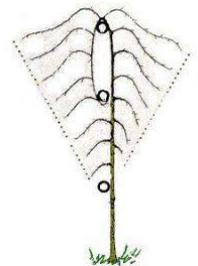
Roses: Stop deadheading and fertilizing for now. Decrease the amount of watering, but don't let the roots dry out completely. Essentially, you are telling the roses it's time to prepare for winter. This helps prepare for winter dormancy.

Growing Potatoes: Potatoes can be planted now- January - February, but, should be bought ordered now. **Growing Potatoes in containers, buckets or grow bags**

Pre Planting Prep: Get seed potatoes or organic potatoes that are not sprayed so, they sprout. Put the potatoes in a dark place a week or more so, they start to sprout eyes. Cut the seed potatoes into pieces with at least 2 eyes each. Store pieces at room temperature for 1 to 2 days before planting to allow the cuts to form a callus. If you are using a bucket or another container make sure there is adequate drainage. Grow bags have drainage. **Soil:** Loose soil, a little acidic soil is preferred but, not necessary. **Soil amendment:** Add 2 cups of vermicompost to each of the planting bags **Planting:** Put about 6 inches of soil in grow bag. Water the soil. Place the potato pieces about 6 inches apart. Eyes pointing up. Cover w/3" inch soil. Add 2 tbsp of liquid fish fertilizer to the large watering can. Water after first planting. Place in a sunny place to grow. **Watering Schedule:** If not raining, water twice a week. **Mounding:** As the leafy part of the potato grows to 5-6 inches add straw or shredded paper or even some soil around the stems. **Harvesting:** Some harvesting can be done 2 weeks after blooms/ flowers appear. Potatoes are ready to harvest when the vines die back. Usually 100-120 days. Do not wash after harvest. Store in a cool dry place. Don't allow the sacks to become too hot, as the plants will stop producing tubers if the roots overheat. (Farmers Almanac). Source: <https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=26291#~:text=it%20your%20bucket%20or%20grow,on%20my%20regular%20drip%20system>.

Berries: Cane berries, such as blackberries, boysenberries, and raspberries should be pruned now. Other than removing any broken canes or roots, little pruning is done in the first year, though plants should be trellised as soon as the canes are long enough to reach the trellis wire. After the first year, pruning is done twice a year. The first pruning is in the winter. At this time, the lower side branches that are below the lower wire are removed. The laterals at the top of the trellis should be headed back to 12 to 15 inches. This will promote larger fruit by removing excess fruit wood.

The next pruning is done just after the harvest. After harvest those canes that have borne fruit are removed by cutting them down to the ground. During the



spring and early summer though, replacement canes are growing out of the crown. These new canes are gently bundled off to the side, where they will continue to grow until the harvest is complete. After the harvest, the new canes that were growing from the base are trellised by wrapping them around the top wire and back down to the bottom wire in a fan shape.

Garden Tool Care: If you are putting away your garden tools for the winter, first give them a good cleaning. Rub with alcohol after each use to prevent the spread of disease. Prevent rust with a light coating of lubricant grease (such as lithium grease). Shovels and saws may be stored in a bucket of sand with a little oil (5 parts sand to 1 part oil).

Cool-season vegetable seedlings can be planted: All Brassicas, cabbage, kale, chard, spinach, lettuce, peas, onions, garlic, shallots, leeks, beets, radish, carrots, cilantro, parsley.

Remove dead or diseased limbs from trees and shrubs.



November Library Bouquet: Thank you to Yu Linda Song for the arrangement. [SIGN UP](#) to bring home grown flowers or a potted plant for display at the library desk and attend the monthly meeting.. The vase/ potted plant is returned at the end of the month.



Members Share on FaceBook

Thanks to Mary Balo for sharing her plumeria cuttings with members and beautiful bouquets.

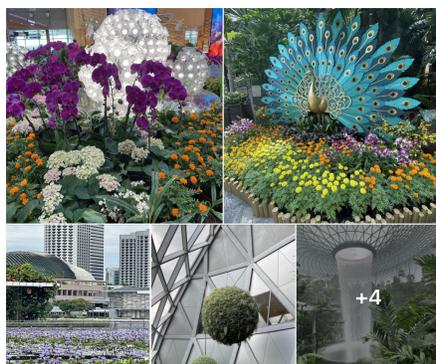
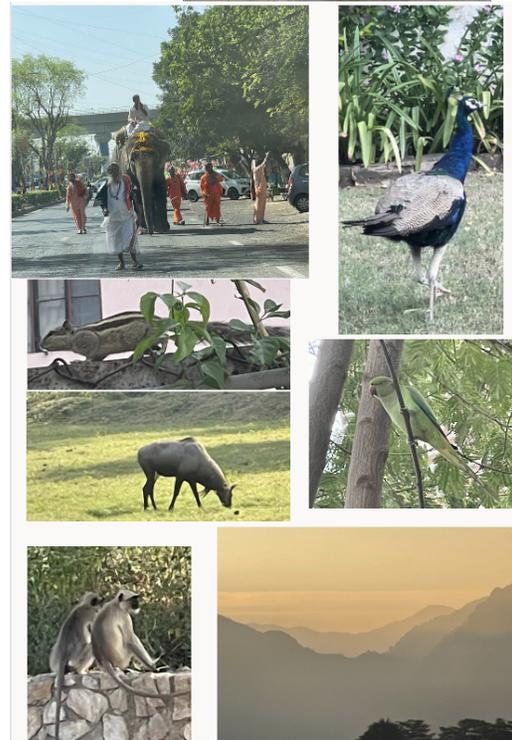
Michelle O'Donnell garden find: Araneus gemmoides. Cat face spiders as they are called are members of Araenidea family and extremely beneficial natural enemies of many garden insects. Source: Washington State Univ. Dept of Entomology



Shital Parikh traveled to India and hiked in the lower Himalayan forests with the director of World Wildlife Fund India <http://www.jabarkhetnature.com> Wild Black berries were first found in this area (Mussorie) in the lower Himalayas and then went to the world!

YuLinda's trip to London:

Shital's layover transit in Singapore.





Perfect Gift For Garden Enthusiasts: Customized GIFT CARD

It's not just a present, it's a promise of delightful moments throughout the year for and with your loved ones. Membership has never been so thoughtful and convenient. Thank you, Yu Linda Song for purchasing Gift Cards.

Email: info@friendsdmm.org to request the customized gift certificate. Register gift card recipients on the website and pay their membership dues. Receive this beautiful tangible gift certificate to present to them with the amount of your choice. [Membership registration form](#) link.



Free Gift with Membership: *New members* get a gift choice of root veg grow bag and Sweet Potato plant cuttings. *Renewing members* get garden club tote. As long as supplies last.

DMMGC Save the dates for 2024

[SIGN UP](#) for 2024 monthly meetings

Wednesday January 3rd @ Carmel Valley Library

Topic: New Year's Garden Resolutions & Pine Cone Bird Feeder Wrkshp. What plans do you dream of for your garden in 2024? This will be a time to write down and share your ideas.

Workshop: Led by our very own Master Gardener Shital Parikh.



Wednesday February 7th @ Carmel Valley Library

Topic: Native Plants & Wildlife

How planting natives can help entire ecosystems.

Guest Speaker: Speaker from San Diego Audubon Society



Wednesday March 6th @ Carmel Valley Library

Topic: Happy Houseplants

Guest Speaker: Linda Stewart, Master Gardener



Wednesday April 3rd @ Carmel Valley Library

Topic: Backyard Birdwatching

Guest Speaker: Ernie Cowan, Photographer, Writer, Former Mayor of Escondido, and Bird Enthusiast



Wednesday May 1st, 2024

Topic: Tips for Improving (or Starting) Your Rose Garden

Guest Speaker: Beth Van Boxtel from the San Diego Rose Society is San Diego native, a certified Consulting Rosarian, and a UCCE Master Gardener



Wednesday June 5th 2024 Topic: Garden Activity TBD



Nature Hike lead by
Rangers at the
request of Board
Member

Maggy Dujowich :

About 15 people hiked for 3 hours in Los Penasquitos canyon coming into Del Mar Mesa Preserve with kids around 5 years old. Learned about flora and fauna, rocks and vernal pools. Sunday, Nov 19, 2023



DEL MAR MESA GARDEN CLUB