

IN OCTOBER NEWSLETTER

Monthly Meeting
Monthly Event
Community Projects
Renew Membership
Welcome New Members
Palomar District News, Mtg
Gift Card, FB, Inst

October Monthly Meeting Update: It was lovely to see 16 members at the Oct monthly meeting ([Business presentation](#)). Saw many new herbs and learnt about their uses from Mary Frestied. Her talk was very informative. 3 new members and 5 returning members renewed for 2024! Vote unanimously passed on allocating \$100 for two speakers annually. Remaining speakers' gifts capped at \$25. Thanks to Svetlana Pucillo for Green Thumb Wisdom on Garden Literature. Thanks to Cathy McCaw for the Library pumpkin arrangement. Clarie Lee for setup help. Sandi Adam & Shital Parikh for Speaker Gift. Yu Linda for Figs, Passionfruit & borage plants. Shital for [poached pears recipe](#) & Apple Chaider. Chris Ross for Purple and Snowball cauliflower seedlings. Margeretta Galenter for jalapenos & rosemary. Thanks to everyone for Clean up help.



Community Projects Updates:

Habitat Restoration in DMM:
Native Pollinator Project FODMM thrilled and overflowing with gratitude for the incredible support we received! A massive thank you to the 18 dedicated volunteers, our amazing DMMGC Members, and the wonderful residents of Alta Del Mar! Phase 1 has been successfully completed,



with weed abatement and mulch spreading at site 1, picnic area along Carmel Mt. Rd. south east of Gallop Crest Court. Next step is just around the corner - we'll be planting in the coming month/s! Your enthusiasm and hard work have truly made a difference, and we can't wait to see our community garden blossom! Thank you Margereta Galanter and Bruce.



SDHC Belden Farms: Gardening Workshops:

Together, let's sow the seeds of change and watch them bloom into healthy happy lives. Workshops: Seed tape making, Garden Art, Holiday Swag Thursdays, Oct 19, Nov 16, Dec 14 from 2-3 pm. Carpool leaves at 1:15 from DMM. email: shital@1parikhs.com to join.

These workshops offer horticulture therapy that heals both the mind while enhancing skills. By volunteering, you become a part of this incredible journey. All materials provided by DMMGC and educational information from SD Master Gardeners.



October Library Bouquet: Thank you Cathy McCaw, for the Pumpkin Succulent arrangement. [SIGN UP](#) to bring home grown flowers or a potted plant for display at the library desk and attend the monthly meeting.. The vase/ potted plant is returned at the end of the month.

Time fo Membership Renewal For 2024

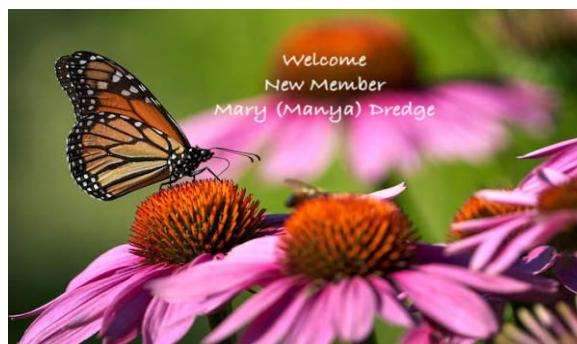
[Renew now](#) at the special rate of \$25 until December 31st, 2023. From January 1st, 2024, membership will be \$30. Don't miss out - secure your membership today!

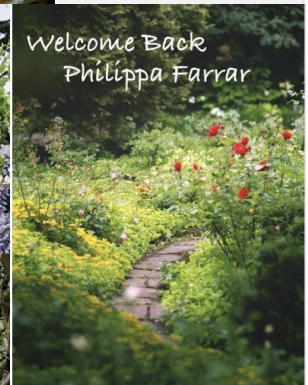
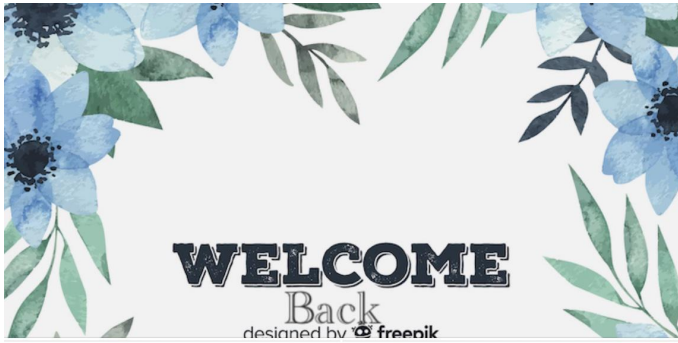
Join or Renew Your Membership



Welcome New and Returning Members

14 members registered in Oct so far..





What topics would you like addressed by talks and in Workshops in 2024?

We have one speaker opening left for November 2024, what are some topics you would like to hear? Growing Bulbs, Maintaining Garden Tools, Soil enhancement methods composting, Fruit trees, Growing Microgreens, other...

Would anyone like to help with Events and Speakers (monthly meetings)? Message Yu Linda Song yulindasong@gmail.com

Winter Herbed Rice Recipe shared by Margereta Galenter: *Recipe by Yotam Ottolenghi and Sami Tamimi*

<https://www.womenshealthmag.com/uk/food/a703159/saffron-rice-with-currants-and-pistachios/>

Cool Season

Beets	Sept - May
Broccoli (plants)	Sept - Feb
Broccoli (seeds)	Aug - Dec
Cabbage (plants)	Sept - Feb
Cabbage (seeds)	Aug - Dec
Carrots	Sept - Apr
Cauliflower (plants)	Sept - Feb
Cauliflower (seeds)	Aug - Dec
Chard	Sept - Jun
Endive	Sept - May
Kale	Sept - Apr
Kohlrabi	Sept - Mar
Head Lettuce	Sept - Mar
Leaf Lettuce	Sept - Apr
Onion (bulb)	
Short Day	Oct - Dec
Medium Day	Jan - Feb
Onion (green)	Sept - May
Peas (bush)	Sept - Mar
Potatoes (Irish)	Feb - Mar
	Mid Aug - Sept
Radish	Sept - May
Spinach	Sept - Apr
Turnips	Sept - May

October Garden

Time to remove low performing summer vegetables to make room for winter vegetables.

This is the beginning time to plant trees and fruit trees.

Palomar District News & Meeting on Oct 17

Invitation to attend the Garden Club dist. mtg on oct 17th. I will be attending. Its at Rancho Bernardo Swim & Tennis Club,
16955 Bernardo Oaks Drive, San Diego, 92128. About 80 garden club members from over 28 clubs attend. Auction items, breakfast, raffles. \$20 ticket to attend includes raffle ticket. Do join me at this networking event. [Link to dist. newsletter.](#)



Perfect Gift For Garden Enthusiasts: Customized GIFT CARD

It's not just a present, it's a promise of delightful moments throughout the year for and with your loved ones. Membership has never been so thoughtful and convenient. Thank you, Yu Linda Song for purchasing Gift Cards.

Email: info@friendsdmm.org to request the customized gift certificate. Register gift card recipients on the website and pay their membership dues. Receive this beautiful tangible gift certificate to present to them with the amount of your choice. [Membership registration form](#) link.

Free Gift with Membership: *New members* get a gift choice of root veg grow bag and Sweet Potato plant cuttings. *Renewing members* get garden club tote. As long as supplies last.



Events & Meetings Fall 2023 - June 2024 Save the Date & Sign Up

Yu Linda Song

SIGN UP for monthly meetings.

October Event: Workshop in local nursery

Sunday, October 22nd, 2-4pm @ [Feather Acres Farm](#) in Del Mar
Succulent Pumpkins Workshop led by staff at local nursery
\$25 per person, carpooling highly encouraged due to limited parking
***SIGN UP** to attend. Members only



November Monthly Meeting: Talk on Ikebana

Wednesday November 1st 11-1230pm @ Carmel Valley Library
Guest Speaker: Master of the Ichiyo School of Ikebana [Deborah Warriner](#),
An Introduction to Ikebana. **SIGN UP** for monthly meeting



November Event: Field Trip

Sunday, November 5th, 2-4pm @ farm location in Carlsbad
[Tour of Green Lotus Organic Farm](#) Uncle Happy Farmer, Frank Lin will show us his property where he grows tropical fruits and veggies. Sampling available. \$10 per person, carpooling highly encouraged due to limited parking ***SIGN UP** to attend.



Holiday Swag Workshop: Community Outreach: SIGN UP

Thursday, December 14 from 2:00 - 3:00 pm @ 7777 Belden Street, San Diego
Clairemont Mesa neighborhood

Discover the art of crafting vibrant holiday swags using locally sourced pines, cyprus, and festive greens! Join us for a hands-on workshop where you'll create your own unique swag while assisting an elder in making theirs. We provide fresh greens, wires, ribbons, and pine cones, but you're welcome to bring your own ribbons to personalize your creation. Unleash your creativity and spread the joy of the season! **SIGN UP**



[SIGN UP](#) for 2024 monthly meetings

Wednesday January 3rd @ Carmel Valley Library

Topic: New Year's Garden Resolutions & Pine Cone Bird Feeder Wrkshp. What plans do you dream of for your garden in 2024? This will be a time to write down and share your ideas.

Workshop: Led by our very own Master Gardener Shital Parikh.



Wednesday February 7th @ Carmel Valley Library

Topic: Native Plants & Wildlife

How planting natives can help entire ecosystems.

Guest Speaker: Speaker from San Diego Audubon Society



Wednesday March 6th @ Carmel Valley Library

Topic: Happy Houseplants

Guest Speaker: Linda Stewart, Master Gardener



Wednesday April 3rd @ Carmel Valley Library

Topic: Backyard Birdwatching

Guest Speaker: Ernie Cowan, Photographer, Writer, Former Mayor of Escondido, and Bird Enthusiast



Wednesday May 1st, 2024

Topic: Tips for Improving (or Starting) Your Rose Garden

Guest Speaker: Beth Van Boxtel from the San Diego Rose Society is San Diego native, a certified Consulting Rosarian, and a UCCE Master Gardener



Wednesday June 5th 2024 Topic: Garden Activity TBD

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DEL MAR MESA GARDEN CLUB